NATIONAL COUNCIL for Mental Wellbeing

CCBHC-E National Training and Technical Assistance Center

CCBHC Foundations Data Learning Series Session 1

November 16, 2023

CCBHC-E National Training and Technical Assistance Center

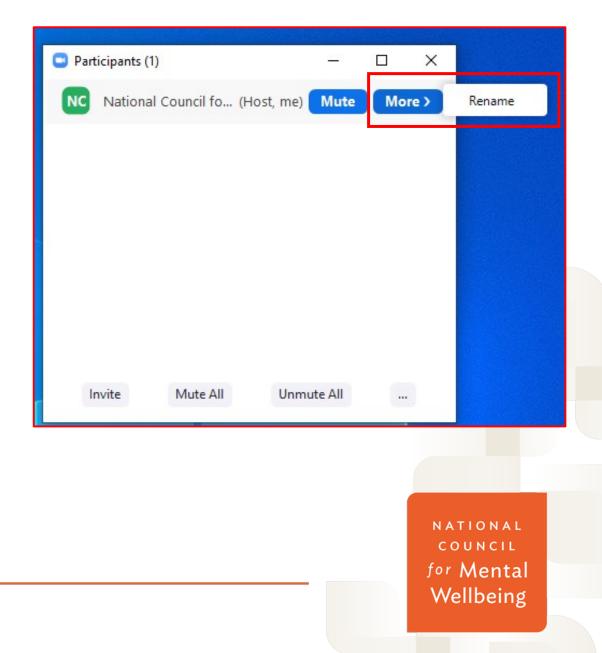
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Acknowledgements and Disclaimer

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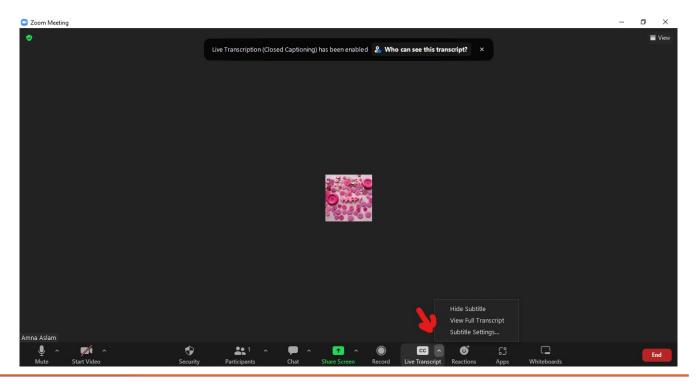
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 - For example:
 - Blaire Thomas, National Council
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 - Click on the **Participants** icon at the bottom of the screen
 - Find your name and hover your mouse over it
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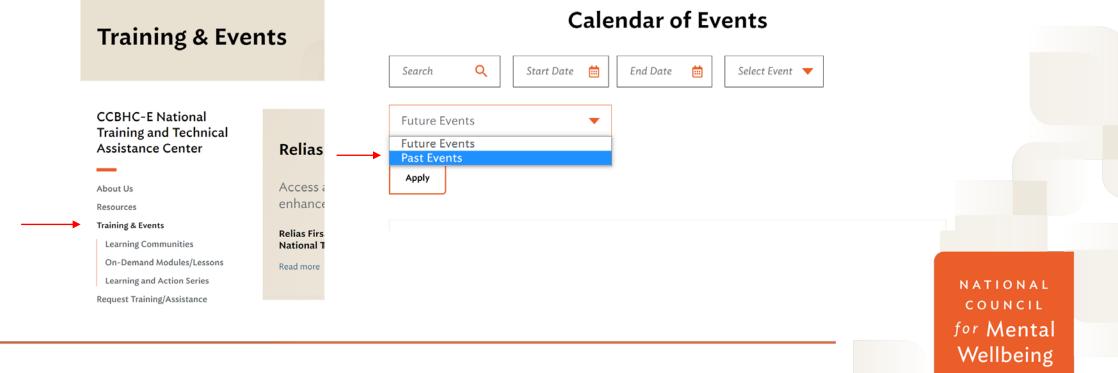
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Today's Session: Slides and Recording

Slides and the session recording link will be available on the <u>CCBHC-E NTTAC</u> website under "Training and Events" > "Past Events" within 2 business days.



Today's Objectives

- Discuss CCBHC data activities and strategies to build organizational infrastructure for grant data requirements
- Introduce strategies and tools to design processes and workflows for data collection, analysis, and reporting
- Showcase CenterPointe CCBHC's data collecting, analysis, and reporting infrastructure

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Today's Agenda



- CCBHC Data Activities
- Principles of Data Collection and Analysis
- Steps for Establishing Data Infrastructure
- Case Example
- Questions and Answers

Today's Presenters





Leigh Fischer, MPH Principal, TriWest Group



Tonya Aultman-Bettridge, PhD Partner and Chief Information Officer, TriWest Group

Isaac French, MA Vice President, Director of CQI & Data Management, CenterPointe





Learning Series Curriculum

Month	Торіс
Nov 2023	Building Infrastructure for Data Collection, Analysis, and Reporting
Dec 2023	Disparity Impact Statement & Data Requirements
Jan 2024	Community Needs Assessment
Feb 2024	Focus on NOMs
March 2024	Leveraging your Grant Evaluation for Sustainable Continuous Quality Improvement

Introduction to CCBHC Data Activities

CCBHCs capture, analyze and report on a variety of data elements

Organizational	Continuous quality improvement Strategic planning
Services	Staffing levels Training and supervision Evidence-based practices Program evaluation Measurement-informed care
People Receiving Services	Treatment progress and outcomes Care coordination Population health management



Organizational Data Collection and Use

Improve quality, plan outreach activities, reduce disparities

- Disparity Impact Statement (DIS)
- Community Needs Assessment
- Infrastructure Development, Prevention and Mental Health Promotion (IPP) Indicators
- Continuous Quality Improvement Plan

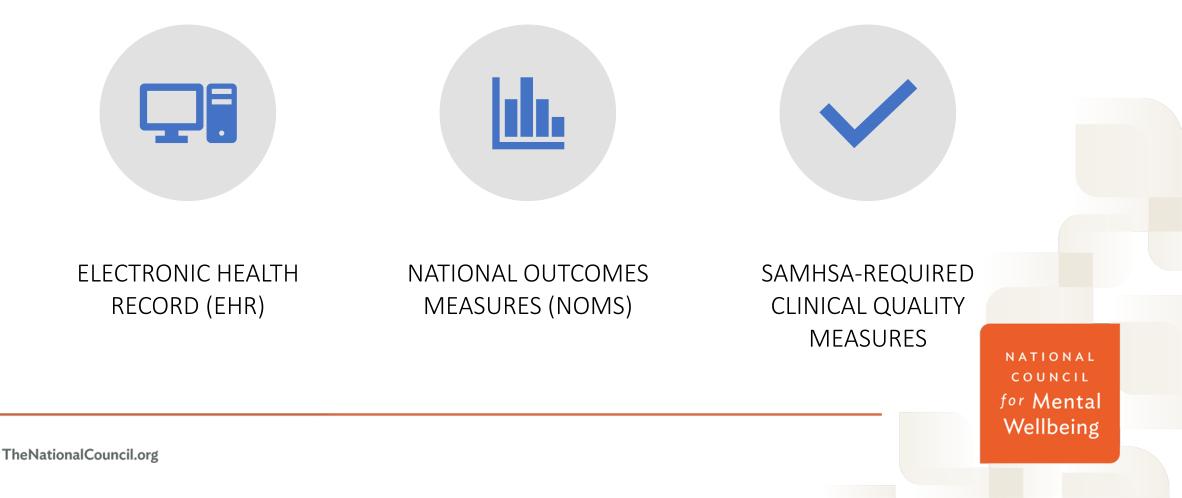
Service-Level Data Collection and Use

Implementing Evidence-Based Practices & Monitoring Quality



Person-Level Data Collection and Use

Monitor access, engagement, retention and outcomes



SAMHSA-Required Clinic Quality Measures



Screening for clinical depression and followup plan

Screening for social drivers of health

Principles Data Collection and Analysis

- Respect individuals' rights, dignity, privacy, and autonomy
- Obtain informed consent for participation in data collection as appropriate
- Use culturally responsive practices
- Minimize undue burden
- Collect, use, and disclose data for meaningful purposes
- Store and transmit data through secure methods
- Ensure data collected are reliable and valid



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Steps to Establishing a Data Infrastructure

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Identify your data team members and other interested parties. Establish roles.

Define evaluation questions.

Determine data needs and sources.

Develop data collection methods.

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Draft a plan and workflows/protocols for data collection, analysis, and communication.



Pilot workflows and identify areas for improvement as needed.

Step 1: Identify Team Members

- Identify a data champion
- Establish a team, including consumers/peers/family members
- Map grant data requirements
 - Notice of Award
 - > SAMHSA website
 - SPARS resources
 - Certification criteria
 - > Other synchronous and competing data collection and reporting demands
- Build a culture of data

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Step 2: Define Evaluation Questions

- With the team, discuss the purpose of the evaluation and how the results will be used
- Review your CCBHC goals and objectives
- Develop questions specific to your CCBHC
- Organize according to domains and types, e.g.
 - Process
 - ➢ Quality
 - Outcomes
- Prioritize questions based on relevance and available resources

Examples of Evaluation Questions

Туре	Question	Data Source
Process	 What are the barriers (<i>structural, financial, personal</i>) to accessing CCBHC services? To what extent has the population of focus initiated and engaged in the recommended services? 	Attendance/administrative data Surveys/interviews of providers and program participants NOMs
Quality	 What is the program's impact on the quality of behavioral health care? To what degree are evidence-based practices implemented as intended? To what degree do recipients of services identify positive perceptions of care? 	Surveys/interviews of providers and program participants Fidelity checklists
Outcomes	 To what extent has the client's quality of life improved as a result of the program? Was there a reduction in emergency department visits and inpatient hospitalizations? 	Client self-reported qualitative data Standardized scales
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Step 3: Determine Data Needs and Sources

- Discuss what data you need to answer your evaluation questions (i.e., *indicators*)
- Call on your consumer advisory council to help develop processes for collecting data from staff and clients about their experiences and needs
- Review data sources and strengthen where needed
- Identify new data sources
- Integrate or link data from different systems while assuring client privacy
- Ensure underserved populations are represented in your data

Step 4: Develop Data Collection Methods

- Identify methods for gathering the data needed
- Determine whether the methods are appropriate and equitable
- Promote methods that are minimally burdensome on clients and staff
- Develop data collection tools if needed

Step 5: Draft a Data Plan and Workflows

- Determine how and when data will be collected and analyzed
- Develop a process for receiving informed consent from program participants
- Designate roles and responsibilities for each aspect of the data collection, analysis, and reporting process
- Include a plan for sharing data with others to gain context and interpret results

Example Plan

Evaluation Question	Indicator	Method	Data Source	Frequency	Responsible Person(s)
Has the CCBHC helped improve housing stability?	Percentage of clients in sample with unstable housing at baseline reporting stable housing at follow- up	Descriptive analysis NOMs question B.2	NOMs	First 6 months of enrollment	Evaluation Lead
	Percentage of all clients with unstable housing at intake reporting stable housing at follow-up	Descriptive analysis of client records indicating housing status	EHR	90 days	CQI Lead

Step 6: Pilot and Refine Workflows

- Pilot your workflow to identify potential barriers and effective strategies
- Perform data reliability and validity tests where necessary (e.g., routinely check in with people responsible for data collection)
- Provide training and re-training as needed



Recommendation: Assess Your EHR

- Does your current EHR meet the CCBHC Criteria?
- Do you have the data collection, analysis, and reporting infrastructure?
- Can you collect all required measures, including primary care monitoring?
- Will your EHR support the following?
 - o The required clinic quality measures
 - o Cost reporting
 - Care coordination and health information exchange with other organizations
 - o Capturing client/staff feedback

Recommendation: Assess Your Data Culture

- What is your existing culture around data?
- Are data a priority at all levels?
- Do you use the data you collect to inform program changes?
- Do you use the data you collect to manage the health/treatment progress of people you serve?
- Does your EHR adequately support the collection of demographic data to evaluate health disparities?



Case Example

CenterPointe

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CenterPointe CCBHC Overview

- Mission: CenterPointe helps the people we serve get better, sooner, for longer
- Primary CCBHC Goals:
 - Develop Youth & Family Services
 - Develop In-House Primary Care
 - Expand Crisis Services
 - Expand Psychiatric Services
 - Expand Health & Wellbeing Activities
 - Improve Care Coordination

Step 1: Develop the Implementation Team

Needed a Person Who:

- Knows everything about the grant
- Knows everything about data collection
- Knows how to design processes effectively
- Knows everything clinically necessary

• Is extremely organized

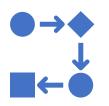
- Project Director
- EHR Administrator
- QI Specialist
 - Clinical Director
 - Executive Assistant/Project Manager

Step 2-4: Define Evaluation Questions, Identify Data Needs/Sources, Develop Collection Methods

Key Project Area	Evaluation Question	Data Source	Collection Method (High Level)	Specific Tasks Needed
IPP	What EBPs do we use and how do we know?	EHR	Have staff identify EBPs used in session within services	Add question to contact forms; train direct care staff
Sampling Plan	How do we identify a representative sample?	Г ЕНК	Develop registry report that randomly selects existing and new individuals	Once approved, build registry based on sampling plan
NOMe	How can we best collect NOMs once an individual is selected via sampling plan?			Develop NOMs collection process map; train staff; ensure accountability
-	How can we identify what community populations we're not reaching?			Expand demographic variables (e.g., gender identity, sexual orientation); Review and select SDOH screener
(())/(How do we ensure individuals have timely access to services?	FHK	Develop systems to track time from first interaction to first service provided	Create date field for first interaction; add to intake form; develop metric to evaluate timeliness
Agency Unlective	How do we know the proportion of individuals with a PCP?	L EHK	Ensure this information is collected as part of intake paperwork	Add question to intake form; add to compliance trackers

Step 5: Develop Data Plans & Workflows



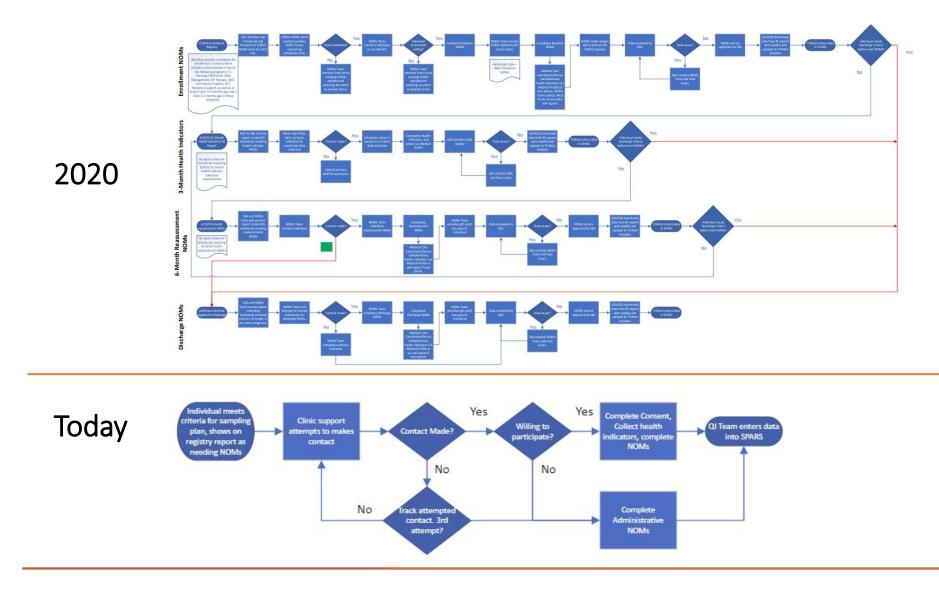




Developed Standard Operating Procedures Developed Standard Workflow Charts

Included Designed Feedback Systems for Troubleshooting Consulted SMEs for Larger Projects

5-6: Pilot and Refine Workflows



Lessons Learned

- Prepare for "change burnout"
 - Engage staff in workflow and process design
 - Train new processes to the "why", then the "how"
- Consult other CCBHCs/experts
- Design inputs with easy outputs
- Dedicate resources to report building
 - Project Director can't do it all

Closing: Sharing and Preparing



- Volunteers: What questions and ideas do you have related to strengthening your data infrastructure?
- Question Log: Take 2–3 minutes to put any questions you have about the learning series curriculum in the chat
- Next Session: December 14, 2023, 3–4:30 pm EST
 - o Topic: Leveraging your DIS to Inform Your Workplan (Register here)

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Future Sessions

- <u>Session 2: Leveraging Disparity Impact Statement (DIS) Report to Inform Your</u> <u>Grant Workplan - Dec. 14, 3-4:30 p.m. ET</u>
- Session 3: Community Needs Assessment- Jan. 16, 3-4:30 p.m. ET
- Session 4: Focus on NOMS Feb. 20, 3-4:30 p.m. ET
- <u>Session 5: Leveraging Your Grant Evaluation for Sustainable Continuous Quality</u> <u>Improvement</u> - March 19, 3-4:30 p.m. ET

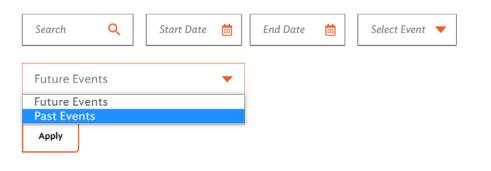
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Thank You!

Thank you for attending today's event.

Slides and the session recording link will be available on the CCBHC-E

Calendar of Events



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