

Getting Candid: End of Project

Thank you for exploring Getting Candid. We hope these resources give you, as a youth-serving provider, insight into how to have meaningful conversations with youth around mental health and substance use prevention. We also hope that our youth-facing resources give young people confidence that their voice matters when addressing their own and their peers' mental and physical health.

We encourage you to leverage this suite of resources!

Put information into practice.

- Implement the Getting Candid [Message Guide](#) and [Communication Pathway](#) at your organization.
- Use this practical guidance to build trust with the young people you serve.
- Reflect on what your organization is doing for youth substance use prevention, and what you wish you were doing — then use Getting Candid to help make those wishes a reality.

Share information with those who may benefit.

- Share the [provider-facing resources](#) with your network.
 - Download our newsletter messaging template.
- Share the [youth-facing resources](#) with those you support professionally (or personally).
- Link to the Getting Candid webpage from your organization's website, so others can benefit.

Connect further with the National Council.

- Sign up for one or more of [our newsletters](#).
- Strengthen your youth-focused communication skills by taking [Motivational Interviewing](#) and [Youth Mental Health First Aid](#) trainings.
- Explore some of our other youth-focused projects and resources:
 - [Youth Screening, Brief Intervention, and Referral to Treatment \(YSBIRT\)](#) (project)
 - [CONNECTED](#) (project)
 - [Partnering With Schools to Improve Youth Mental Health](#) (resource)
 - [Integrated Care and Addressing the Needs of Black and African American LGBTQ+ Youth](#) (webinar recording)
 - [Strategies for Supporting the Integrated Care Needs of LGBTQ+ Youth](#) (webinar recording)
 - [Rural Telehealth for Youth in Schools and Beyond](#) (webinar recording)
 - [Engaging Older Youth to Help Them Navigate the New Norm](#) (webinar recording)

Go beyond.

- Start your own Youth Ambassador program or youth-focused health campaign.

