

council for Mental Wellbeing

# CCBHC Criteria On-Demand Lessons: CCBHC 101

**CCBHC-E** National Training and Technical Assistance Center

This publication was made possible by Grant No. 1H79SM085856 from the Substance Abuse and Mental Health Services Administration (SAMHSA). Its contents are solely the responsibility of the authors and do not necessarily represent the official views, opinions or policies of SAMHSA, or the U.S. Department of Health and Human Services (HHS).

#### Today's Agenda

---- CCBHC Overview

---- CCBHC Funding Pathways

---- CCBHC Growth

---- CCBHC Criteria

national council for Mental Wellbeing



## **CCBHC Overview**

# What is a Certified Community Behavioral Health Clinic (CCBHC)?

CCBHC is a model of care that aims to improve service quality and accessibility. CCBHCs are required to serve anyone who requests care for mental health or substance use, regardless of their ability to pay, place of residence or age – including developmentally appropriate care for children and youth. CCBHCs do the following:



Provide integrated, evidence-based, traumainformed, recoveryoriented and person- and family-centered care.



Offer the full array of CCBHC-required mental health, substance use and primary care screening services.



Coordinate care with other behavioral health, physical health, and social services systems in the community.

The primary goal of the CCBHC program is to increase access to mental health and substance use care for underserved communities.

national council for Mental Wellbeing

#### Foundation of the CCBHC Model

#### **CLINICAL MODEL:**

Integrated mental health and substance use treatment, including care coordination.



#### **QUALITY MEASUREMENT MODEL:**

Data-driven programming, including Continuous Quality Improvement (CQI).

#### **SUSTAINABLE FUNDING MODEL:**

Clinic-specific cost-based
Prospective Payment System (PPS)
Medicaid rate.

NATIONAL COUNCIL for Mental Wellbeing



# **CCBHC Funding Pathways**

#### **CCBHC Funding Pathways**

There are currently **three** funding pathways for CCBHCs:

- 1. Section 223 CCBHC Demonstration Program: This includes states awarded the opportunity to participate in the Section 223 CCBHC Demonstration Program established in 2017. These states establish a process for state certification for eligible clinics utilizing the federal CCBHC criteria, and clinics receive a Prospective Payment System (PPS) rate.
- 2. Independent State Medicaid-funded CCBHC Programs: This includes states that have enacted the CCBHC program through a Medicaid State Plan Amendment or Waiver with approval from The Centers for Medicare & Medicaid Services (CMS). These states establish state-specific eligibility criteria and a process for certification of eligible clinics.
- 3. SAMHSA-administered CCBHC Grant Program: SAMHSA awards grant funding directly to clinics to support adoption and implementation of the CCBHC model. Receiving grant funding is not the same as certification. Grant recipients that have not received state certification either because the state does not certify CCBHCs or because the organization is not an entity that has received state certification must submit an attestation to SAMHSA describing how they are meeting the federal

for Mental
Wellbeing

CCBHC criteria requirements.

### Differences in Funding Pathways for CCBHCs

	SAMHSA Grant Program	Section 223 CCBHC Demonstration	Independent State Adoption	
Eligibility	Open to community-based behavioral health nonprofit organizations, or organizations that are a) part of a local government behavioral health authority or b) operated under the authority of the Indian Health Service, an Indian tribe or tribal organization or c) an urban Indian organization.	Open only to states participating in the demonstration program. Each of these states determines how and which clinics can participate.	Eligibility determined by state.	
Administration Authority	Administered by SAMHSA.	Administered by state Medicaid and behavioral health authorities within guidelines set by SAMHSA/ CMS.	Determined by state, often administered state behavioral health and Medicaid authorities.	d by
Certification	Grantees must submit an attestation to SAMHSA demonstrating that they meet the CCBHC certification criteria requirements.	States determine certification criteria using baseline guidance set by SAMHSA.	States determine certification requirement	ents.
Payment	SAMHSA CCBHC grantees receive grant funds for a set period of time to implement approved services and activities and continue to bill Medicaid and other payers as usual during that period.	CCBHCs receive clinic-specific Medicaid payments through the CMS-designated PPS methodology.	States determine the payment and reimbursement methodology, which could include adopting the Section 223 CCBHC Demonstration PPS approach.  NATION COUNC for Men Wellbe	ntal



### Differences in Funding Pathways for CCBHCs

	SAMHSA Grant Program	Section 223 CCBHC Demonstration	Independent State Adoption
Required Services	Similar to the Section 223 CCBHC Demonstration Program, grantees are required to deliver the scope of services provided for in the CCBHC Criteria under Program Area 4.	CCBHCs are required to provide a comprehensive range of services, per the CCBHC criteria, directly or through an established Designated Collaborating Organization (DCO) partnership (see CCBHC Criteria Scope of Services 4.A-4.K). States can determine additional service requirements.	States determine service requirements, often aligning with the established CCBHC criteria.
Reporting Expectations	Grantees are required to submit Infrastructure Development, Prevention and Mental Health Promotion (IPP) measures and National Outcome Measures (NOMS) via SAMHSA's Performance Accountability and Reporting System (SPARS). They also have annual narrative reporting expectations and may be required to report on the clinic-required CCBHC quality measures.	Clinics are required to report on the CCBHC clinic-collected measures to their states, while states aggregate the clinic data and report on the state-collected measures to SAMHSA. Required annual reporting to SAMHSA for all CCBHC consumers, or — where data constraints exist — for all Medicaid enrollees in the CCBHCs.	Reporting expectations determined by the state.
			NATIONAL COUNCIL

for Mental

Wellbeing



# **CCBHC Growth**

### History of the CCBHC Program

**Q2014** 

Congress passes
Protecting Access to
Medicare Act (PAMA).

**02017** 

Demonstration launches in 8 states!



2 states added to demonstration; data is published.



Congress passes the Bipartisan Safe Communities Act.

23 states receive planning grants.

2016

SAMHSA CCBHC-E grants launch.

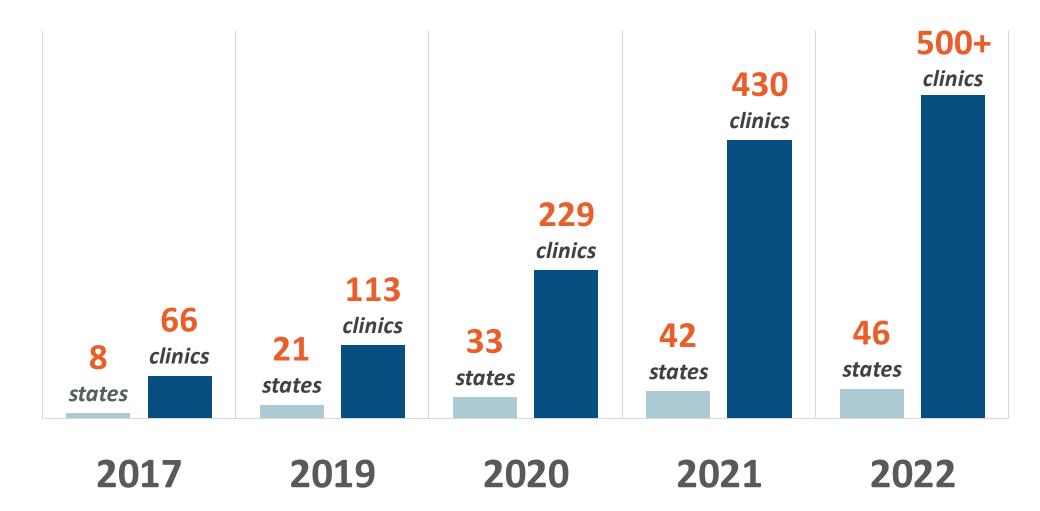
2019

State legislative options emerge

2021

NATIONAL COUNCIL for Mental Wellbeing

### Evolution of the CCBHC Program





The National Council.org

### Future of the CCBHC Program

#### 2023

- 15 states awarded planning grants to establish CCBHC programs and apply to join the Section 223 CCBHC Demonstration.
- SAMHSA awarded CCBHC grants directly to clinics.

#### 2024

- Up to 10 states will be selected to join the Section 223 CCBHC Demonstration.
- SAMHSA may continue to award CCBHC grants directly to clinics.

#### 2025

- SAMHSA will provide the opportunity for additional states to apply for and receive planning grants to join the Section 223 CCBHC Demonstration.
- Selected states will establish CCBHC programs and apply to join the Section 223 Demonstration.
- SAMHSA may continue to award CCBHC grants directly to clinics.

#### 2026

- Up to 10 additional states will be selected to join the Section 223 CCBHC Demonstration
- SAMHSA may continue to award CCBHC grants directly to clinics

NATIONAL COUNCIL for Mental Wellbeing



# **CCBHC Criteria**

#### CCBHC Criteria Program Requirements

1: Staffing

2: Availability and Accessibility of Services

**3: Care Coordination** 

4: Scope of Services

5: Quality and Other Reporting

6: Organizational Authority, Governance and Accreditation

Note: This presentation contains a summary of selected CCBHC certification criteria. To view the full criteria, visit samhsa.gov/certified-community-behavioral-health-clinics

NATIONAL COUNCIL for Mental Wellbeing



#### Staffing 1.A-1.D

- Needs Assessment
- General Staffing Requirements (1.A)
- Licensure and Credentialing of Providers (1.B)
- Cultural Competence and Other Training (1.C)
- Linguistic Competence (1.D)

### KEY REQUIREMENT HIGHLIGHTS

- Required staff: Clinical and peer staff; psychiatrist as medical director; medically trained behavioral health care provider; individuals with expertise in addressing trauma, SED, SMI, SUD.
- Required regular training includes cultural competence, trauma-informed care and integration.

rational council for Mental Wellbeing

#### Access and Availability 2.A-2.E

- General Requirements of Access and Availability (2.A)
- Requirements for Timely Access to Services and Initial and Comprehensive Evaluation (2.B)
- 24/7 Access to Crisis Management Services (2.C)
- No Refusal of Services Due to Inability to Pay (2.D)
- Provision of Services Regardless of Residence (2.E)

### KEY REQUIREMENT HIGHLIGHTS

- All people new to receiving services will receive a preliminary triage. If the triage identifies routine needs, services will be provided, and the initial evaluation completed, within 10 business days.
- The CCBHC provides crisis management services that are available and accessible 24 hours a day, seven days a week.

rational council for Mental Wellbeing

#### Care Coordination 3.A-3.D

- General Requirements of Care Coordination (3.A)
- Care Coordination and Other Health Information Systems (3.B)
- Care Coordination Partnerships (3.C)
- Care Treatment Team, Treatment Planning and Care Coordination Activities (3.D)

### KEY REQUIREMENT HIGHLIGHTS

- The CCBHC coordinates across the spectrum of health services and has protocols in place for care coordination.
- The CCBHC has an HIT system in place that captures demographic info, provides clinical decision-making and can electronically transmit prescriptions.

NATIONAL
COUNCIL

for Mental

Wellbeing

#### Scope of Services

### CCBHC

The CCBHC organization will deliver the **majority of services** under the CCBHC umbrella directly rather than through DCOs (i.e., a majority of total service volume delivered across the nine required services).



Crisis Services



Screening,
Assessment
and Diagnosis



Personcentered and Familycentered Treatment Planning



Outpatient
Mental
Health and
Substance
Use Services



Primary Care Screening and Monitoring



Targeted Case Management Services



Psychiatric Rehabilitation Services



Peer
Supports
and Family/
Caregiver
Supports



Community
Care for
Uniformed
Service
Members and
Veterans

Provision of all services are person- and family-centered.

rational council for Mental Wellbeing

#### Quality and Other Reporting 5.A-5.B

- Data Collection, Reporting and Tracking (5.A)
- Continuous Quality Improvement (CQI) Plan (5.B)

#### **KEY REQUIREMENT HIGHLIGHTS**

- Both Section 223 Demonstration CCBHCs and CCBHC grantees must collect and report the required clinic-collected quality measures identified in Appendix B.
- CQI plans to address: (1) deaths by suicide or suicide attempts of people receiving services; (2) fatal and non-fatal overdoses; (3) all-cause mortality among people receiving CCBHC services; (4) 30-day hospital readmissions for psychiatric or substance use reasons.

for Mental
Wellbeing

# General Requirements of Organizational Authority and Finances 6.A-6.B

- General Requirements of Organizational Authority and Finance (6.A)
- Governance (6.B)
- Accreditation (6.C)

### KEY REQUIREMENT HIGHLIGHTS

- A CCBHC must either be a nonprofit, government clinic or Indian Health Service.
- The CCBHC will incorporate meaningful participation from individuals with lived experience of mental and/or substance use disorders and their families, including youth (51% of the board).

rational council for Mental Wellbeing

# CCBHC-Expansion Grantee National Training and Technical Assistance Center

#### We offer CCBHC grantees...



# Virtual Learning Communities, Webinars and Office Hours

Regular monthly offerings that are determined based on grantees expressed needs.



# Opportunities for Collaboration with Other Grantees

Monthly Peer Cohort Calls for CCBHC Program Directors, Executives, Evaluators and Medical Directors.



#### **Direct Consultation**

Request individual support through our website requesting system and receive 1:1 consultation.



### On-demand Resource Library

Includes toolkits, guidance documents, and on-demand learning modules.

council for Mental Wellbeing





Working to ensure that mental wellbeing is a reality for everyone.











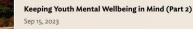
















Recovery Month: Let's Hear it for Peers

RECOVERY MONTH

National Recovery Month 2023

Read more →

#### Hill Day at Home 2023

Register now for our Virtual Policy Institute, where we'll contact our elected officials and urge them to pass meaningful legislation supporting expanded access to mental health and substance use care.

at Home

**OCTOBER 18, 2023** 

Register Now!

How You Can Get Involved



### **Questions or Looking** for Support?



Visit our website and complete the CCBHC-E **NTTAC** Request Form



thenationalcouncil.org/program/ccbhc-e-nationaltraining-and-technical-assistance-center/requesttraining-assistance/

NATIONAL COUNCIL for Mental Wellbeing