



SCREENING, BRIEF INTERVENTION AND REFERRAL TO TREATMENT FOR ADULTS AND YOUTH



Screening, brief intervention and referral to treatment (SBIRT) and youth SBIRT (YSBIRT) training programs from the National Council for Mental Wellbeing equip individuals and groups with the skills to use evidence-based screening tools to assess substance use risk, respond appropriately and facilitate referrals for treatment effectively and efficiently. The National Council's consulting services expand beyond the training program by using implementation science to incorporate and embed the SBIRT model into an organization's culture.

SBIRT and YSBIRT approaches help you identify, reduce and prevent risky or unhealthy alcohol and drug use among individuals.

FOR:



Behavioral and physical health care staff



Peers



Community workers



Managers/supervisors

TIME COMMITMENT:

Training includes half- or full-day live sessions (in person or virtual). The total time commitment is three to seven hours.

ADDITIONAL OFFERINGS:

- Coaching sessions:** Implementation discussion and problem solving (one hour each)
- Webinars:** Focused topics and ad hoc training (one to three hours)
- Site visits:** Implementation facilitation and observances (two to six hours)

What is covered?

SBIRT/YSBIRT CONSULTING SERVICES

Includes in-person and/or virtual interactions, often focused on model implementation.

- Topics:** Any customized combination of services including coaching, webinars, site visits and training.

SBIRT/YSBIRT INTRO/REFRESHER HALF-DAY

Brief training with an interactive overview (three to four hours).

- Topic 1:** SBIRT overview.
- Topic 2:** Screening and brief intervention overview.
- Topic 3:** Referral to treatment and operational planning overview.

FULL-DAY SBIRT OR YSBIRT

Includes video demonstrations, practice and discussion (six to seven hours) SBIRT/YSBIRT Intro/Refresher Half-day

- Topic 1: Introduction to SBIRT** — Gives an overview and how to successfully implement.
- Topic 2: Screening** — Screening tools, target population, workflow and messaging.
- Topic 3: Brief Intervention** — How to raise the subject, provide feedback, enhance motivation and develop a plan.
- Topic 4: Referral to Treatment** — Best practices, warm handoffs, referral sources and follow up.
- Topic 5: Implementation** — Implementation and sustainability considerations and next steps.



Reach out to Consulting@TheNationalCouncil.org to discuss your organization's needs, costs and scheduling.

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for Mental Wellbeing