council for Mental Wellbeing

CCBHC-E National Training and Technical Assistance Center

CCBHC Optimizing Data through Measurement Informed Care (MIC)
Learning & Action Series

July 16, 2024

CCBHC-E National Training and Technical Assistance Center

Funded by Substance Abuse and Mental Health Services Administration and operated by the National Council for Mental Wellbeing

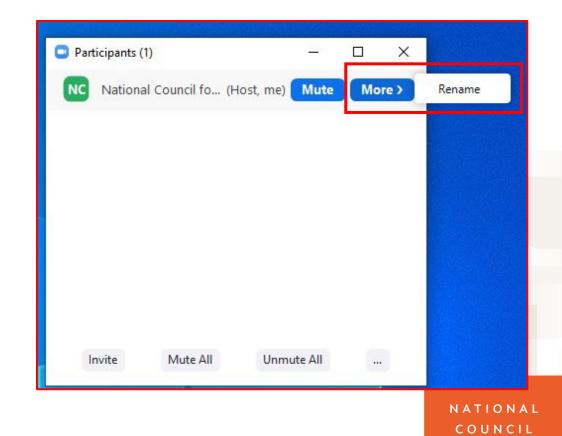
Acknowledgements and Disclaimer

This session was made possible by Grant Number 1H79SM085856 from the Substance Abuse and Mental Health Services Administration (SAMHSA). Its contents are solely the responsibility of the authors and do not necessarily represent the official views, opinions, or policies of SAMHSA, or the U.S. Department of Health and Human Services (HHS).



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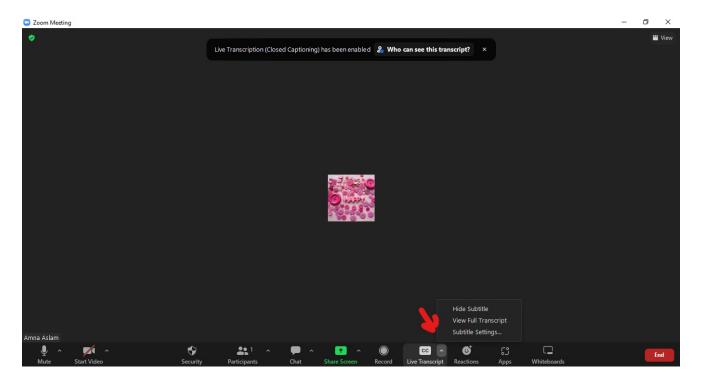
- Please rename yourself so your name includes your organization.
 - For example:
 - Roara Michael, National Council
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for Mental Wellbeing

How to Enable Closed Captions (Live Transcript)

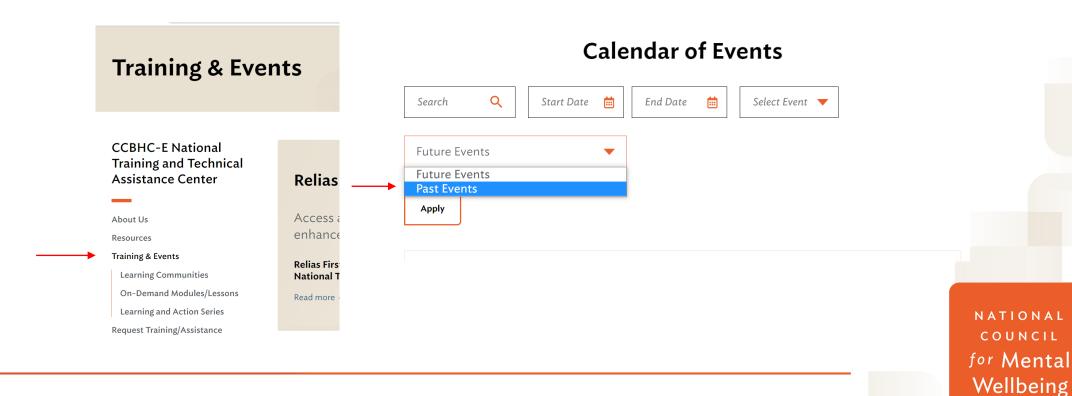
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Today's Session: Slides and Recording

Slides and the session recording link will be available on the <u>CCBHC-E NTTAC website</u> under "Training and Events" > "Past Events" within 2 business days.





Learning Series Curriculum

Date	Topic
May 14	Understanding Measurement-informed Care
June 18	Implementing and Optimizing Measurement-informed Care
July 16	Sustaining Measurement-informed Care

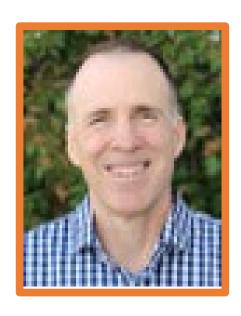


Today's Agenda



- Review Purpose of Optimizing Data Learning Series
- Key processes and structures necessary to sustain MIC
- Important considerations in selecting measures
- Common challenges and associated solutions MIC sustainability
- Group Discussion

Today's Presenters



Jim Zahniser, PhD
Partner & Chief Leadership Officer
TriWest Group



Jeff Capobianco, PhD
Sr. Consultant & Subject Matter Expert
National Council for Mental Wellbeing





What do we mean by Sustainability?

Sustain (from Latin sus-, meaning "up," plus tenere, meaning "to hold")

- ✓ To Maintain
- ✓ To Keep Going
- ✓ To Hold up
- ✓ To Provide
- ✓ To Nourish
- ✓ To Uphold a Judgement
- ✓ To Experience an Impact
- ✓ To Aid or Comfort
- ✓ To Vindicate

- ✓ Keep a Program in Place
- ✓ Keep staffing in Place
- √ Keep Services in Place
- ✓ Bill for Services
- ✓ Find Funding
- ✓ Keep Agreements
- √ Keep Relationships
- ✓ Keep Attitudes & Behaviors

Ongoing MIC Capability Development & Maintenance = Sustainability

Organizational mechanisms that reinforce, communicate, and share the importance of data informed decision making.

Data

Analytics

Analytical techniques to gain insights from data and inform decision-making.

Analytics

Applications, data platforms and infrastructure to support data management, data governance, and analytics.

People

Human capital programs required to develop talented and trained data personnel.



The Four R's of Sustainability

✓ Research

 Regularly review your own data, the literature, industry benchmarks, and best/evidence-based approaches being used in the field to deliver care

✓ Reassess

 Based on your research reassess how care is delivered at your agency to find opportunity areas and areas to celebrate/convey your value proposition



The Four R's of Sustainability

√ Redesign

 Based on your assessment finds engage in quality improvement in the areas needing redesign (e.g, technology, training/competency, culture, data capture, analysis or use, etc.)

✓ Reiterate

 Continuously re-engage stakeholders (e.g., staff, clients, community members, policy makers, and payers) to show them your value proposition through qualitative and quantitative data



The Result of Effective Sustainability Approaches

- 1. All Staff fully understand and act to ensure the organization's values, mission, and vision are achieved through using measurement informed care
- 2. Data are used as a benign contributor to the understand and improvement of care, the client's health literacy and engagement, business processes, and organizational strategy
- 3. The CCBHC's Value Proposition describing its efficiency and effectiveness is leveraged to enhance funding and change policies to improve care

Questions for GRAND Mental Health

What are the key areas of MIC that require continual attention to maintain?

 How does GRAND update and resource its MIC tools and workflows including infrastructure and training?

- How do you maintain staff competence related to MIC service provision?
- How do you maintain client engagement in the use of data to inform their recovery?



Resources:

• Data Use Organizational Self Assessment



New MIC Report

Advancing Measurement-informed Care in Community Behavioral Health

Authors: Henry Chung, MD, Deborah Scharf, PhD, Joe Parks, MD, Jeff Capobianco, PhD, Vamika Mann, MA, Alexandra Plante, MA, and Sarah Neil, PhD

Corresponding Author: Henry Chung, HChung@Montefiore.org

Available now! https://www.thenationalcouncil.org/resources/advancing-measurement-informed-care-in-community-behavioral-health/



CCBHC-Expansion Grantee National Training and Technical Assistance Center

We offer CCBHC grantees...



Virtual Learning Communities, Webinars and Office Hours

Regular monthly offerings that are determined based on grantees expressed needs.



Opportunities for Collaboration with Other Grantees

Monthly Peer Cohort Calls for CCBHC Program Directors, Executives, Evaluators and Medical Directors.



Direct Consultation

Request individual support through our website requesting system and receive 1:1 consultation.



On-demand Resource Library

Includes toolkits, guidance documents, and on-demand learning modules.

NATIONAL COUNCIL

Wellbeing













About Us V Our Work V Get Involved V

Working to ensure that mental wellbeing is a reality for everyone.

Our Vision & Values





Register Now!

Hill Day at Home 2023

Register now for our Virtual Policy Institute, where we'll contact our elected officials and urge them to pass meaningful legislation supporting expanded access to mental health and substance use care.



Shaped by a Moment: My Journey to Mental Health



Keeping Youth Mental Wellbeing in Mind (Part 2)

Sep 15, 2023



Recovery Month: Let's Hear it for Peers



National Recovery Month 2023

Read more ->

How You Can Get Involved

Questions or Looking for Support?



Visit our website and complete the CCBHC-E NTTAC Request Form

Slides, recordings and session resources will be available on our New Grantee Learning Community webpage approximately 2 days following each session



thenationalcouncil.org/program/ccbhc-e-nationaltraining-and-technical-assistance-center/requesttraining-assistance/