

# CCBHC Child, Youth and Families Learning Community: State Office Hours

## State Visioning Exercises

### Introduction

The Certified Community Behavioral Health Clinic (CCBHC) Child, Youth and Family Learning Community is a monthly peer-learning opportunity to help CCBHCs increase access to and quality of services for in meeting the needs of children, youth and families. The learning community brings together national experts, state representatives and CCBHCs from across the country with a focus on supporting strong design and implementation approaches for CCBHCs.

This learning community is part of the [CCBHC-E National Training and Technical Assistance Center](#) and the [CCBHC State Training and Technical Assistance Center](#) established by the National Council for Mental Wellbeing and funded by the Substance Abuse and Mental Health Services Administration to support the expansion of CCBHCs across the U.S. The National Council has partnered with [UConn's Innovations Institute](#) and the [National Association of State Mental Health Program Directors](#) to create the learning community as an important component of this technical assistance effort. *Certificates of attendance are available.*

Participants in the learning community will:

- Understand the value of children's services and the framework and role of child-serving systems and how they align with CCBHC implementation.
- Identify design and implementation approaches states and CCBHCs can establish to meet the unique needs of children, youth and young adults with behavioral health needs and their families.
- Explore strategies and examples to support CCBHC fulfillment of requirements to serve children and youth.

Each month, participants will take part in a webinar, followed by cohort-specific office hours on the content covered and tailored to the needs of clinics and states. This visioning document is designed to support **state participants** in the learning community and the **state office hours cohort**. These questions will be used as a guide for office hours as we move through the content of the learning community together. The visioning exercise document is organized into five parts that complement the presentation topics of the learning community.

**Preparation for the first office hours:** Please review this visioning document and arrive ready to discuss your state's answers to Part 1. If other participants from your state are joining, we encourage you to work together on this visioning exercise.

## PART 1: Climate and Organizational Culture

**Presentation:** March 24, 12 p.m. ET

**State Office Hours:** March 24, 1 p.m. ET

This presentation explored climate and organizational culture shifts a CCBHC to effectively serve children, youth and families, while considering the leadership strategies used to implement these shifts within state systems and CCBHCs.

In this office hours session, we'll explore your state's current systems, gaps and needs for promoting a positive climate and organizational culture. This system analysis and gaps assessment will inform visioning for your system, which will be discussed in later office hours.

1. What is your vision for your state's role in supporting local CCBHCs in building a climate and culture for children, youth and family services? Consider existing standards and regulations guiding children's service implementation, training, technical assistance or other state initiatives that exist or may need to be launched to support CCBHCs.
2. In what ways is your state system currently set up to promote a positive climate and culture for offering children, youth and family services? What gaps exist? Factors to consider might include existing state agency structure, clear authority for children's outcomes, cross-system governance structure to coordinate service array and current ability to model cross youth-serving system partnerships, integration of CCBHC planning and implementation with children's system-of-care efforts; existing infrastructure for evidence-based children- and youth-focused practices, existing infrastructure, and the practice of incorporating youth and family lived experience perspectives.
3. Are there gaps in your state's existing systems or capacity to support CCBHCs in launching children's services? How might you address them?

## PART 2: Service Line Development for Children and Youth

**Presentation:** April 28, 12 p.m. ET

**State Office Hours:** April 28, 1 p.m. ET

Developing an effective services array that fulfills CCBHC requirements for children, youth and families requires selecting specific services and tailoring supports. This webinar explored strategies to establish children's services including opportunities that stem from designated collaborating organization (DCO) arrangements.

During this office hours session, we'll explore your state's vision for the role CCBHCs will play in developing or partnering with existing providers to develop a robust continuum of children, youth and family services.

1. What is your vision for how CCBHCs will support children, youth and family services? Where and how do CCBHCs fit in the overall service array for children, youth, and families in your state? Consider how state goals and CCBHC local community needs assessments inform this vision.
2. What is your vision for how CCBHCs will engage with, partner with or supplement existing children's system-of-care work and services? Consider your role in standard setting, workforce training, monitoring fidelity to services offered for children, youth and families, and selection of effective services from assessment to care coordination to specialty services for children.
3. How does your state currently prioritize youth- and family-driven care and recovery and peer services for children, youth and families? How can CCBHCs support these priorities?

### **Consider these examples of roles CCBHCs might play as you think about the vision for your state:**

- CCBHCs will serve as leaders in this space and primary providers of children, youth and family services in their service areas and will be linked closely with children's system-of-care initiatives.
- CCBHCs will provide services for mild and moderate levels of care and partner with existing system-of-care providers for higher levels of care.
- CCBHCs will provide a subset of children, youth and family services, and are expected to partner and establish DCO agreements with established providers for other services.

**Note:** At a minimum, CCBHCs are required to provide services to children requesting access to care, even if they are partnering with others for some services. Children's services may not be completely provided through DCO agreements.

## **PART 3: Building Necessary Cross System Partnerships**

**Presentation:** May 28, 12 p.m. ET

**State Office Hours:** May 28, 1 p.m. ET

Children and youth interact with different systems than adults. This presentation identified and strategized how to establish crucial relationships between CCBHCs and education, juvenile justice, and child welfare systems to ensure appropriate connectivity for children, youth, and families.

During this office hours session, we'll explore your state's vision for establishing system partnerships and how CCBHCs, and their financing, can play a supportive and connective role in these systems.

1. What children's system partnerships currently existing in your state can CCBHCs leverage? Consider which cross-system structures or agencies have authority to set goals and finance a robust array of support for children and youth. Are state CCBHC leaders part of this structure? What partnerships would you like to establish or grow with the support of CCBHCs?
2. How do you envision using CCBHCs to connect with and strengthen children's system partnerships? Consider staffing opportunities, such as outreach coordinators, and service site locations, such as offering services on-site with system partners. What is your role in achieving this vision?
3. What is your vision for the role of CCBHC financing in bolstering cross-system partnerships? Can any existing costs be built into the CCBHC financing model? Are there offsetting costs to the system you hope to achieve?

## **PART 4: Integration with MRSS and Crisis Response for Youth Populations**

**Presentation:** June 23, 12 p.m. ET

**State Office Hours:** June 23, 1 p.m. ET

Establishing an effective service array for children and youth requires integrating CCBHC and state crisis response systems with efforts to instill youth-specific crisis interventions, including mobile response and stabilization services. This presentation explored the potential for integration.

During this office hours session, we'll discuss your state's vision for CCBHCs within your crisis response system, specifically mobile response and stabilization services (MRSS) for children and youth.

1. What is your vision for crisis response that meets the needs of children, youth and families?  
What role do you see CCBHCs playing within that crisis response system? Consider how the role of CCBHCs is or is not the same for crisis response for all ages.
2. Based on your vision for the role of CCBHCs, how do you anticipate CCBHCs will provide MRSS or partner with or establish a DCO agreement with existing MRSS providers? If MRSS has not been implemented, what is your vision for the role of CCBHCs in customizing crisis response services for children, youth and families?
3. What opportunities do you envision for maximizing CCBHC financing to support delivery of MRSS or other crisis services?

## **PART 5: Customization for the Lifespan – Serving Early Childhood and Transition-Aged Youth Populations**

**Presentation:** July 28, 12 p.m. ET

**State Office Hours:** July 28, 1 p.m. ET

Children and youth benefiting from services may require additional customized support. There are many considerations, and this session explored strategies for the youngest and oldest in the child- and youth-age range as examples.

This office hours session will explore your state's vision for meeting the needs of children and youth from birth to transition age and how CCBHCs can support customized services for various ages of children and youth.

1. What capacity currently exists in your state to serve the varying needs of children from birth to transition age? What is your vision for a custom range of services for all ages of children and youth?
2. How do you envision CCBHCs supporting your vision? What staffing needs, EBP trainings or other considerations are there for reaching this vision? What is your role in supporting CCBHC participation and capacity in these efforts? Is CCBHC leadership involved in state teams setting goals and service array design for specific child and youth populations?
3. How can the CCBHC financing model support your state's vision for this service continuum? Are there existing or new costs that can be built into the CCBHC cost structure?