NATIONAL COUNCIL for Mental Wellbeing

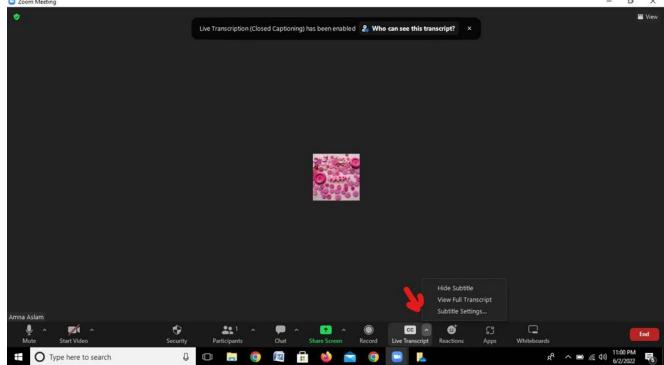
HEALTHY MINDS STRONG COMMUNITIES

Office Hours for CCBHC Demonstration Sites

December 13, 2024

How to Enable Closed Captions (Live Transcript)

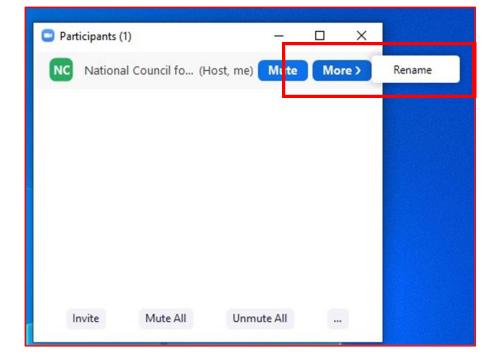
Next to "Live Transcript", click the arrow button for options on closed captioning and live transcript.



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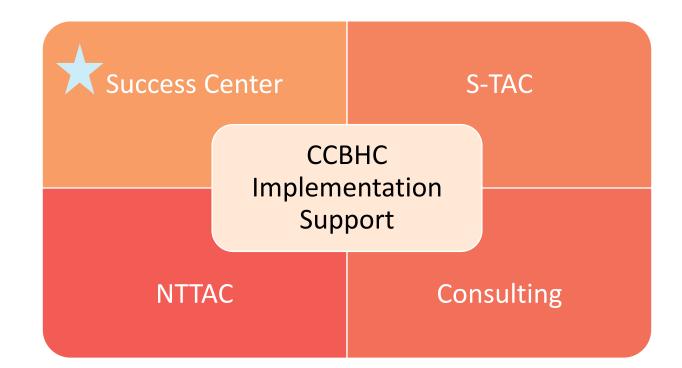
Logistics

- Please join by video if you are able!
- Please rename yourself so your name includes your organization.
 - For example:
 - Zachary Prezotti, National Council
 - To rename yourself:
 - Click on the **Participants** icon at the bottom of the screen
 - Find your name and hover your mouse over it
 - Click **Rename**
- If you are having any issues, please send a Zoom chat message to D'ara Lemon, National Council





Implementation Support for CCBHCs



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To make mental wellbeing, including recovery from substance use challenges, a reality for everyone.

Today's Agenda

- Review and Q&A from last month's session on Change Management
- Upcoming TA Events:
 - Planned TA Activities for FY25
 - January 9th New Demo Learning Series Session:
 - Understanding and Establishing Strong Practices for CCBHC Quality Measures
- Open Discussion



Quick Poll

- Did you attend the last session?
- What is your CCBHC status?
- What is your role at your organization?



Change Management Review and Q&A



CCBHC: Not "Business as Usual"

Opportunity for:



Organizational transformation: Flexibility to innovate, work differently to meet the needs of staff and those within your community



Improving the experience and wellbeing of those you serve: Enhancing access, quality, and whole-person care

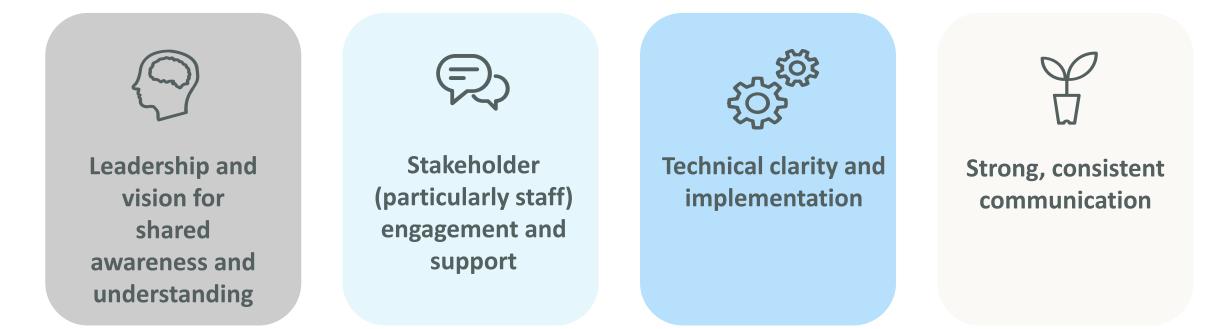


CCBHCs: A Vision for the Future of Community Behavioral Health Care

https://www.thenationalcouncil.org/resour ces/ccbhcs-a-vision-for-the-future/



"Green Flags" in Change Management for Transformation



Change management models vary in their approach. CCBHC's should choose an approach (or blend of approaches) that **best meets their needs**. Popular change management approaches include: Senge, Kotter, Lencioni, Heifetz, ADKAR/Prosci, and Bridges' Transition Model.

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Lessons from the field

- Leaders inspire action and build coalitions
- Establishing and maintaining buy-in
- CCBHC affects everyone so everyone should be involved
 - Board, staff at all levels, individuals served, and their family
- Enable/Empower others
- Generate and celebrate quick wins
- Create momentum and sustain it



Upcoming Success Center TA Events





Planned TA Activities

TA Event	Estimated Start Dates
New Demo Learning Series: monthly TA series designed for new demonstration CCBHCs (various topics) with companion office hours	Started November 2024
Designated Collaborating Organization (DCO) TTA: on demand webinar/FAQ resources and guest speakers from CCBHCs/DCOs	Winter 2025
Prospective Payment System (PPS) TTA Webinar Series : best practices in cost reporting, rate setting, and rebasing	Winter 2025
CCBHC Forum: Hear from leading national experts on the state of CCBHC implementation across the country and a vision for the future of mental health and substance use treatment.	May 2025 At NatCon25, separate registration
1:1 Technical Assistance	Ongoing

To ensure you receive all future invitations and event details, please subscribe to our email distribution list using this link: <u>https://www.thenationalcouncil.org/program/ccbhc-success-center/implementation-support/#subscribe-form</u>.



New Demo Learning Series: January 2025

- Understanding and Establishing Strong Practices for CCBHC Quality Measures
 - TA Session w/ John Gavino of Family and Children's Inc. on Thursday, January 9, 2025: 2:30-4:00pm eastern. <u>Register here!</u>
 - Office Hour: Friday, January 17, 2025: 1:00-2:00pm eastern
 - Time to Services (I-SERV); Screening for Clinical Depression and Follow-up Plan (CDF-CH & CDF-AD); Depression Remission at Six Months (DEP-REM-6); Preventive Care and Screening: Unhealthy Alcohol Use: Screening and Brief Counseling (ASC); Screening for Social Drivers of Health (SDOH)
 - <u>Register for the office hours series!</u>

Open Discussion



Open Discussion

- New Demo Pulse Check
- General CCBHC Questions
- Exchange insights and solutions with peers navigating similar challenges:
 - Improving Access and Availability
 - Care Coordination & Integrated Care
 - Health IT Needs for Population Health Management
 - Trauma-Informed, Resilience-Oriented, Equity-Focused Systems
 - Mitigating Disparities
 - Community Education and Engagement
 - Person-Centered Approaches in CCBHC Implementation



CCBHC Success Center Support

CCBHC Success Center News and Events Subscription Link:

https://www.thenationalcouncil.org/program/ ccbhc-success-center/implementationsupport/#subscribe-form.

Questions? Contact us at: CCBHC@TheNationalCouncil.org

Visit our Success Center website at: https://www.thenationalcouncil.org/program/c cbhc-success-center/



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and resources.



Thank You!

Your feedback is important to us!

Please complete the brief event <u>survey</u> that will open in a new browser window at the end of this meeting.

You may also scan the QR code to fill out the survey!







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