council for Mental Wellbeing

HEALTHY MINDS
STRONG COMMUNITIES

MDI Medical Directors Education:

Part 1: Effective Leadership: Navigating Complexity within the Organization

March 12, 2025

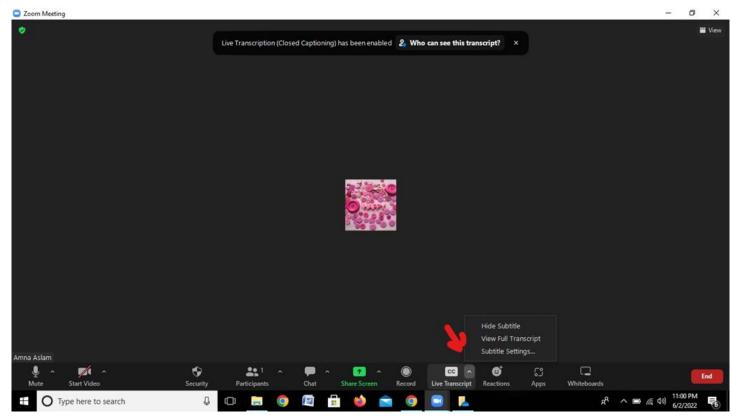
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Speakers



Jorge Petit, MD

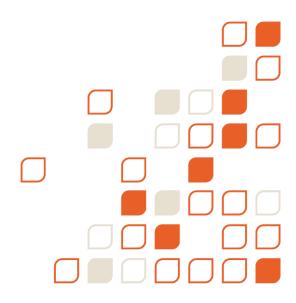
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Agenda

- Welcome & Introductions
- Understanding Yourself and Your Organization
- CCBHC Medical Director Requirements
- Understanding and Managing the Role
- Effective Communication and Organization Savvy
- Resources
- Q&A

Focus Areas

- Describe the different role scopes for the Medical Director
- Discuss how to choose your "scope goal" and advocate for it
- Elaborate on how to advocate for an expanded role of accountability and responsibility
- Discuss effective collaboration with the CEO, others in the C-Suite, and critical collaborators
- Understand how to lead diverse professional groups, including clinicians and operations professionals.





Understanding Yourself and Your Organization

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Yourself

- Your Passion Your Mission
- Your Competencies
- What you want to learn
- What you want to produce

Your Organization

- Job descriptions and what the organization really wants from the medical director
- There's a saying "Actions speak louder than words"
- Words of a great mentor "Everything's political!"

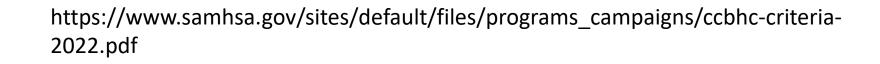


CCBHC Medical Director Requirements

CCBHC Medical Director Requirements

Applies to both demonstration and grantee CCBHCs:

"The management team will include, at a minimum, a CEO or Executive Director/Project Director, and a psychiatrist as Medical Director. The Medical Director need not be a full-time employee of the CCBHC... The Medical Director will ensure the medical component of care and the integration of behavioral health (including addictions) and primary care are facilitated."





CCBHC Medical Director Requirements

- While the CCBHC medical director/leader may do some service provision in some parts of the system their medical director related role is one of guidance, standard setting, and monitoring and assuring the delivery of a good standard of care for persons being treated and served by the system.
- The CCBHC medical director/leader should provide a role model in their interactions with others for delivery of care that is recovery oriented, customer centered, culturally competent, and inclusive and welcoming of diversity.

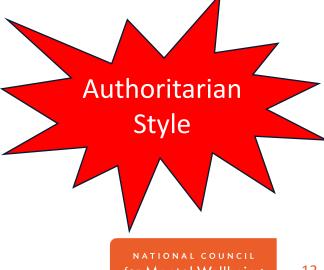
5 Important Qualities for a Medical Leader (and One to Avoid)

Listening

Vision

Integrity

Optimism



Medical Director Capabilities

System Change Agent

- Able to identify treatment and service gaps from both the behavioral and the physical health system's perspective and to create a common vision as to potential solutions.
- Promotes and supports engagement of all stakeholders.
- Well-grounded in system change management skills and evidence-based models.

Communicator

- Ability to foster a collaborative environment, alignment, and psychological safety within the stakeholder team and trust with the community at-large.
- Communicates with authority and humility.
- Community provider liaison.

Clinical Thought Leader

- Ensures consistent application of high quality medical and psychiatric care across the continuum.
- Ability to be a care model innovator taking into account unique community needs and resources and value-based design and delivery tactics.
- Ability to foster a collaborative environment, alignment, and psychological safety within the stakeholder team and trust with the community at-large.

Medical Director Capabilities

Operations Steward

- Extensive knowledge of regulatory compliance, accreditation, and safety standards.
- Collaborate with administrative leadership to ensure appropriate medical records are maintained as required by regulations, internal policies, and procedures, etc.
- Follow and comply with all local, state and federal regulations, laws and standards.

Role Model

- Model care-delivery that is recovery-oriented, customer-centered, culturally competent, inclusive and welcoming of diversity.
- Model empathic, person-centered clinical service, leadership, teamwork and communication.

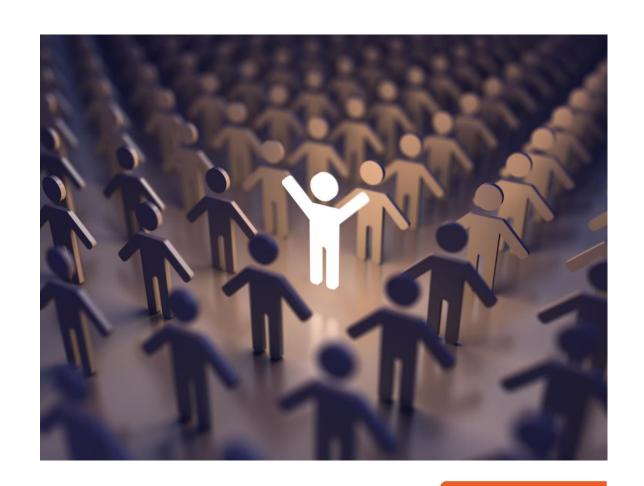
Stakeholder Engagement

- Provide leadership in engaging challenging systems, populations, and individuals with complex needs.
- Develop and maintain collaborative relationships with key stakeholders within the system, including other payers, regulators, providers, participants, families, and peers.

Understanding and Managing the Role

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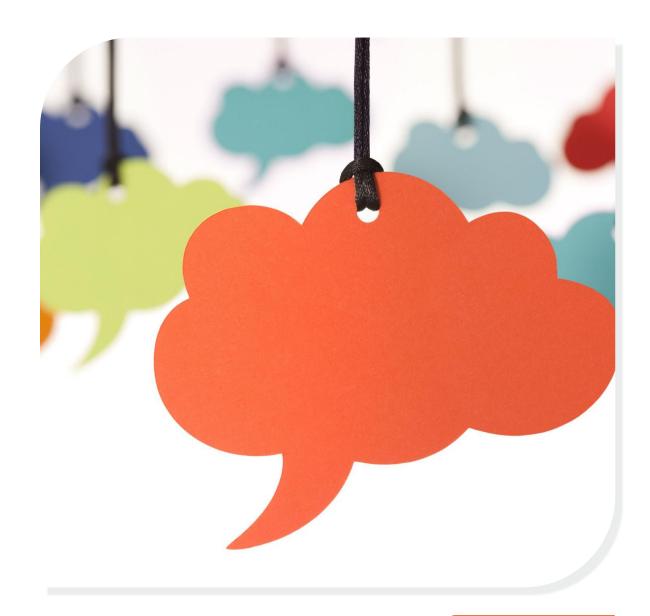
- Defining Personal/Professional Goals
- Different Role Scopes and Expectations
- Advocating for Expanded Roles
- Leading Diverse Professional Groups



Effective Communications and Organization Savvy

Effective Communications and Organization Savvy

- Managing Upwards and Staff Development
- Navigating Power Dynamics and Structures



Questions?





Resources

Thank You!

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