



Medical Director Institute

2024 Impact Report

The **Medical Director Institute (MDI)** advises National Council members on best clinical practices and develops policies and initiatives that serve member mental health and substance use treatment organizations, their constituent clinicians and the governmental agencies and payers that support them.

MEET THE MDI

48 medical directors across **22** states and **★** Washington D.C.



MDI members have a range of expertise in mental health and substance use treatment — from individual treatment to systems-level improvement and integration.

NATIONAL COUNCIL
for Mental Wellbeing

EXPANDING OUR EXPERTISE

10 new members were added to MDI in November 2024 to ensure representation from providers and payers, psychiatric and primary care physicians, and Certified Community Behavioral Health Clinics (CCBHCs) and to expand expertise in child psychiatry, addiction medicine and a comprehensive range of specialty areas.



Devika Bhushan, MD



Omar Fattal, MD



**Howard L. Forman,
MD**



Tristan Gorrindo, MD



Roshni Koli, MD



Carmen Martinez, MD



**Hunter McQuiston,
MD**



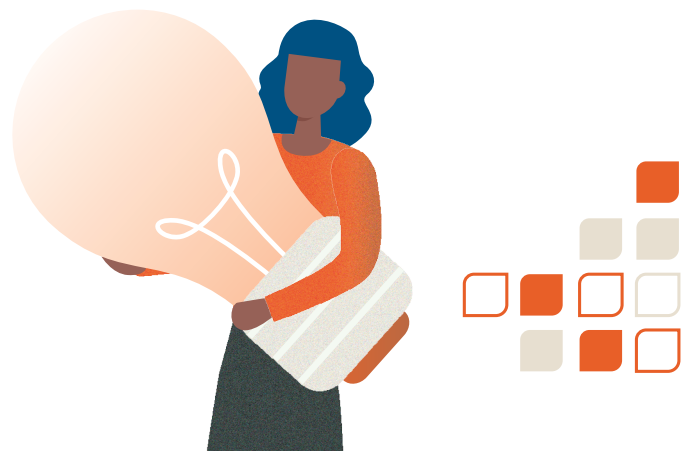
Yavar Moghimi, MD



Alana Nagle, MD



April Sweeney, MD



[View the full member roster.](#)

2024 HIGHLIGHTS

MDI tackles complex issues that impact the health and wellbeing of everyone in the U.S. In 2024, MDI published four resources identifying evidence-based solutions and actionable recommendations to strengthen the nationwide continuum of mental health and substance use services.

Advancing Measurement-informed Care in Community Behavioral Health

Published February 2024



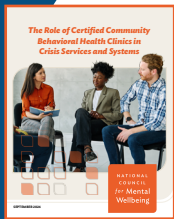
This report proposes candidate measures for measurement-informed care (MIC) and next steps toward achieving sustainable MIC in behavioral health, including ideas for implementation, advocacy and research.

 **Pageviews: 6,453**  **PDF Downloads: 4,853**

Peer Reviewed Journal Article: **Advancing Measurement-Informed Care in Outpatient Community Behavioral Health** (Psychiatric Services, August 2024)

The Role of CCBHCs in Crisis Services and Systems

Published September 2024

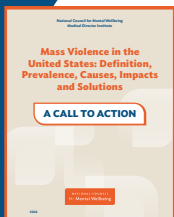


This white paper helps communities build a robust behavioral health crisis system by maximizing the effectiveness of CCBHCs in crisis services and systems.

 **Pageviews: 4,058**  **PDF Downloads: 2,718**

Mass Violence in the United States: Definition, Prevalence, Causes, Impacts and Solutions

Published December 2024



This report provides an overview of large-scale attacks in the U.S. and a range of recommendations for preventing such incidents and better supporting people who are struggling.

 **Pageviews: 2,122**  **PDF Downloads: 1,058**

Position Statement on Documentation Requirements for Comprehensive Treatment Plans

Published July 22, 2024




A call for the review and revision of treatment plan documentation requirements across the nation to promote better access to care, improved patient care experience, better quality care and compliance with federal requirements.



EMPOWERING CHANGE THROUGH EDUCATION

MDI members shaped the behavioral health educational landscape in 2024. As expert facilitators, curriculum developers, authors, presenters and speakers, they elevated the quality and reach of National Council and partner events and educational resources. 2024 initiatives included:

 Events and Learning Opportunities	 Resources	 Research
<ul style="list-style-type: none">■ NatCon24<ul style="list-style-type: none">» 6 Medical Team Summit track sessions» 3 Research Symposium sessions» 12 General sessions■ CCBHC Medical Directors Webinar Series■ Guidance for Opioid Use Disorder Treatment Providers Webinar■ CHI Trainings for Integrated Health Consultants	<ul style="list-style-type: none">■ Alcohol Use Disorder, the Role of Medications in Treatment■ Basics to Manage Cravings in Patients With Alcohol Use Disorder■ Optimizing Outcomes for Treatment With Medications for Alcohol Use Disorder	<ul style="list-style-type: none">■ Editors, Psychiatric Clinics of North America, Crisis Services Issue (Aug. 2024)■ Technical expert panelists, Substance Abuse and Mental Health Services Administration's Serious Mental Illness Training and Technical Assistance Center

LOOKING AHEAD TO 2025

- **Guide to Long-acting Medications for Clinicians and Organizations** — An update of the popular 2022 guide calling for an increase in the safe and appropriate use of long-acting medications.
- **Long-acting Medications Report** — A new resource that outlines focused approaches to measuring the underutilization of long-acting antipsychotic medications.
- **Other activities under consideration:**
 - » Workgroup to develop strategic guidance, toolkits and best practices for implementing more standardized overdose screening and safety planning.
 - » White paper series informing the treatment of schizophrenia.

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