MetLife | Vision Insurance

Keep up with eye exams and eyewear with Vision Insurance

Flexible benefits that may save[1] you money.



Why is having a good vision plan so important?

Even if you don't wear glasses or contacts, regular visits to your eye doctor may **help contribute to your overall health.** A comprehensive eye exam isn't just about updating your glasses — it's a powerful tool for detecting early signs of serious health conditions like diabetes and heart disease.[2]

Eye exams are important for people of all ages, especially children, as many vision and health issues can happen at any stage in life.[2] Catching these signs early can help lead to faster diagnosis, quicker treatment and improved overall health.[2]

That's why yearly exams are important, even if you have perfect vision.

Make vision a priority with MetLife Vision Insurance featuring the Davis Vision® network.

Vision care services without a vision plan can be expensive, and out-of-pocket costs can add up fast. See how much you could save[1] with the Davis Vision network, including the Exclusive Collection[3] of frames, in the example below.

	Average retail cost[4]	MetLife Vision member cost
Annual eye exam	$100	$10 (copay)
Exclusive Collection frames[3]	$180	$0
One-year breakage warranty	$30	Covered
Exam and eyewear[5] total cost	**$310**	**$10**

Potential Savings: $300

For illustrative purposes only. Actual costs and benefits may vary based on the plan design selected. Please see your certificate for details on benefits and exclusions.

Choose value with MetLife Vision.

Discover a plan that may help you save on vision[1] services, including eye exams, glasses and contact lenses. You even have access to a discount[6] on LASIK,[7] a hearing exam and a discount[6] on hearing aids.[8] Get convenient vision care today.

Choose from thousands of in-network eye care professionals[9]

- A large network of licensed ophthalmologists, optometrists and opticians at private practices
- Popular retailers, such as LensCrafters, Target Optical, Costco Optical, Walmart Vision, Sam's Club Optical and more[10]
- Online in-network eyewear stores, including Glasses.com, 1-800 Contacts, Target Optical, LensCrafters and ContactsDirect[10]

Get the eyewear style and savings you want

- Cost-effective rates and out-of-pockets costs
- Selection of fully covered frames
- Access to the Exclusive Collection,[3] with coverage on designer frames for $40 or less and with a one-year breakage warranty

Why should I enroll now?

- You can save[1] on eye exams, glasses and contact lenses
- Group rates
- Convenient payroll deduction

Enroll in Vision Insurance during the enrollment period.

Questions? Call MetLife Vision at 1-833-EYE-LIFE (1-833-393-5433.)

1. Your actual savings from enrolling in a vision plan will depend on various factors, including the plan chosen, plan premiums, number of visits to an eye care professional by your family per year, and the cost of services and materials received. Be sure to review the Schedule of Benefits for your plan's specific benefits and other important details.
2. In Plain Sight: Examining America's Eye Health Challenge and How to Solve It, 4th Annual Vision Wellness Study, Versant Health, 2025.
3. The Davis Vision Collection of frames is available at most participating independent provider locations. The collection and pricing are subject to change without notice. Please check with your provider for details and availability prior to receiving services.
4. Costs are estimated based on MetLife's in-network providers' usual and customary charges for 2024. Retail optical costs may be higher. Member out-of-pocket costs do not include plan premiums under the Davis Vision plan.
5. Examples include the cost of an Exclusive Collection frame and single-vision lenses.
6. Discount off retail. Not all providers participate in vision program discounts, including the member out-of-pocket features. Call your provider prior to scheduling an appointment to confirm if the discount and member out-of-pocket features are offered at that location. Discounts and member out-of-pocket are not insurance and subject to change without notice.
7. The Davis Vision network provides you with the opportunity to access discounted laser correction services. Laser vision correction services are administered by QualSight, LLC, and may not be available in all service areas. Davis Vision makes no representations regarding any services provided by QualSight, LLC. Not everyone will qualify for LASIK surgery. Results will vary. Please discuss outcomes with your eyecare provider.
8. The Davis Vision network provides you with the opportunity to access discounts with Your Hearing Network. All hearing services are administered by Your Hearing Network and may not be available in all service areas. Davis Vision makes no representations regarding any services provided by Your Hearing Network.
9. For a list of participating providers, use the Find a Vision Provider tool at metlife.com. Select Find a Vision Provider, choose Davis Vision as the network, complete the information requested and hit the Search button.
10. All product and company names are trademarks or registered trademarks of their respective holders. Use of them does not imply any affiliation with or endorsement by them.

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MetLife

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