NATIONAL COUNCIL for Mental Wellbeing

June 2022: Structural and Systemic Inequities in Mental Wellbeing in partnership with

Social

Justice

Leadership

Academy

Learning Series

Mental Wellbeir



healthy minds, strong communities

How to Ask a Question



All functions are located at the bottom of your screen

- Ask questions by using the Q&A function
- Use the chat for discussion & interactive activities

Frequently Asked Questions

- All Learning Series events are recorded and will be made available to view on demand, along with a copy of these slides, on our SJLA webpage within 48 hours following the event's conclusion.
- The SJLA Workbook is not required to participate in the Learning Series, however if you are interested in purchasing a copy it is available on our SJLA website.
- The SJLA Learning Series is not CEU accredited.
- There will not be a certificate of completion for attending the SJLA Learning Series. However, if you would like proof of attendance for your employer, please email SJLA@thenationalcouncil.org and we would be happy to provide you with an email verification.

Presenters



Dr Teresa Lewis-Hunt DNP-APRN

Family Nurse Practitioner-Primary Care



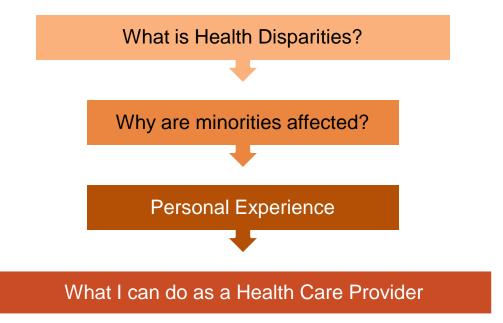
Sam Hasan

Director of Outpatient Clinic Operations

Project Director, Certified Community Behavioral Health Clinic



Health Disparities



Health Disparities

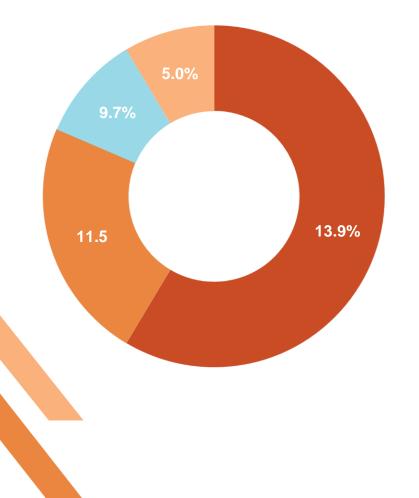
Health disparities are health differences between different groups of people.





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31.6 million uninsured



Uninsured

- 9.7% of people of all ages uninsured
- 11.5% under the age of 65
- 5.0% children
- 13.9% Among working –age adults.

ATTENTION AREAS



My Family



























Personal Experience





Sick Family Member





Concern, I don't know what to do.



Primary Care Provider











Summary



Questions



Social Justice Leadership Academy Learning Series: Upcoming Events

Learning Series Event 4: *Implementing Data-informed Social Justice Change Within Organizations*– July 18th, 2022, 10:30 a.m. – 12 p.m. EST

Register Here: <u>https://thenationalcouncil-</u>

org.zoom.us/webinar/register/WN j3Kql9ziS923Ko5-da9TrA



*Registration information will be emailed to all attendees from today's event and will be posted on our SJLA 'Events' Webpage:

https://www.thenationalcouncil.org/program/t he-social-justice-leadership-academy/events/

NATIONAL COUNCIL for Mental Wellbeing

To make mental wellbeing, including recovery from substance use challenges, a reality for everyone.

Coming Soon:

SJLA Leadership Ambassador Community

- The SJLA Leadership Ambassador Community is designed as a space for Learning Series participants to interact, share ideas, and debrief after Learning Series events.
- We will be posting monthly 'Leaving in Action' items where participants can talk through ways in which they are implementing the skills discussed at each Learning Series events into their agencies/organizations.
- We will be sending out a form in our follow up email where you can sign up, or feel free to opt in on our July registration page.



- Please provide your feedback on this SJLA Learning Series webinar event at the link below.
- Scan the QR code or type the URL into your browser.



https://redcap.link/025bwbke



References:

Cha, A., & Cohen, R. (2022, February 11). National Health Statistics Reports. https://www.cdc.gov/nchs/data/nhsr/nhsr16 9.pdf. Retrieved June 23, 2022, Limited, A. (2022). Stethoscope with heart and Cardiogram Stock Photo. Alamy. Retrieved June 22, 2022, from https://www.alamy.com/stethoscope-withheart-and-cardiogramimage353858711.html Centers for Disease Control and Prevention. (2020, September 14). Defining health disparities. Centers for Disease Control and Prevention. Retrieved June 22, 2022, from https://www.cdc.gov/nchhstp/healthdisparit ies/default.htm